**5th Annual SAS Doctors’ Conference 2016**

 **“Succeeding in challenging times”**

**10th and 11th May 2016**

**Holiday Inn Plymouth**

**Options Booking Form**

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| **Date of Booking:** |  |
| **Surname:** |  |
| **First Name:** |  |
| **Email Address:** |  |
| **Trust** |  | **Specialty**  |  |
|  | Please put an **X** in **ONE** box below to indicate the day(s) you wish to attend |
| **Attending:**  | Day 1 **AND** Day 2 (10th & 11th May) |  |
| Day 1 **ONLY** (10th May) |  |
| Day 2 **ONLY** (11th May**)** |  |
| **Refreshments and lunch are provided on both days of the conference:** Please state below details of any specific dietary requirements or allergies (e.g. Halal, gluten free, etc.) |
| **Workshop Choices – (choose ONE Workshop from BOTH parallel sessions 1 AND 2)****DAY 1** (Tuesday 10th May)  |
| **Day 1**Parallel Session (1)**11:30 – 12:30**(Choose **ONE** Workshop for 11:30 – 12:30)  |  | Choose **ONE** workshop from here by putting an **X** in the box by your choice |
| Suicide Prevention |  |
| Starting a business case for service improvement |  |
| Resilience and well-being |  |
| GMC Workshop – Personal beliefs |  |
| Communications Workshop – Having challenging conversations with patients |  |
| MDU Workshop – Learning from Medico-Legal Scenarios |  |
| **AND Choose a workshop for Parallel Session (2)**  |
| **Day 1**Parallel Session (2)**14:00 – 15:00****AND** (Choose **ONE** Workshop for 14:00 – 14:00) |  | Choose **ONE** workshop from here by putting an **X** in the box by your choice |
| Joint Wessex, Severn and Peninsula SAS Tutors Meeting – **SAS Tutors only** |  |
| Starting a business case for service improvement |  |
| Resilience and well-being |  |
| GMC Workshop – Equality and diversity |  |
| Communications Workshop – Having challenging conversations with patients |  |
| MDU Workshop – Learning from Medico-Legal Scenarios |  |

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| **Workshop Choices – (choose ONE Workshop from BOTH parallel sessions 1 AND 2)****DAY 2** (Wednesday 11th May) |
| **Day 2**Parallel Session (1)**13:00 – 14:00**(Choose **ONE** Workshop for 13:00 – 14:00)  |  | Choose **ONE** workshop from here by putting an **X** in the box by your choice |
| Professional Support Unit Workshop |  |
| Pitfalls in decision making and strategies to overcome these |  |
| Clinical coding Worksop |  |
| The Silent Workshop |  |
| How to reflect on learning |  |
| Career Planning Workshop |  |
| **AND Choose a workshop for Parallel Session (2)**  |
| **Day 2**Parallel Session (2)**14:00 – 15:00****AND** (Choose **ONE** Workshop for 14:00 – 15:00) |  | **Choose ONE workshop by putting an X in the box by your choice** |
| CESR Equivalence from a Royal College perspective |  |
| Understanding stress and how it relates to risk and error |  |
| Clinical coding Workshop |  |
| The Silent Workshop |  |
| Effective time management |  |
| Effective presentations - getting your message across |  |

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| **Dinner Options - 10th May at 19:30** |
| **Starter** |  | **Choose ONE Starter by putting an X in the box by your choice** |
| Warm asparagus & Smoked Applewood cheese tart  |  |
| Country style pate with salad garnish |  |
| **Main Course** |  | **Choose ONE Main Course by putting an X in the box by your choice** |
| Pan fried turkey escalope with shallot, mushroom and Boursin ragout & red wine gravy |  |
| Baked spinach, tomato and feta cheese strudel |  |
| **Dessert** |  | **Choose ONE Desert by putting an X in the box by your choice** |
| Black forest roulade served with Chantilly cream  |  |
| Madagascan vanilla Panna cotta with red berries and shortbread |  |

**Please email your completed application to Pen.ADAdmin@southwest.hee.nhs.uk**

**Or post to: SAS Conference Administrator, HEE, Raleigh Building, Plymouth Science Park, PL6 8BY For further details please contact Sarah Roberts – 01752 676133**