**5th Annual SAS Doctors’ Conference 2016**

**“Succeeding in challenging times”**

**10th and 11th May 2016**

**Holiday Inn Plymouth**

**Options Booking Form**

|  |  |  |  |  |  |  |  |
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| **Date of Booking:** | |  | | | | | |
| **Surname:** | |  | | | | | |
| **First Name:** | |  | | | | | |
| **Email Address:** | |  | | | | | |
| **Trust** | |  | | **Specialty** |  | | |
|  | | | | | | Please put an **X** in **ONE** box below to indicate the day(s) you wish to attend | |
| **Attending:** | Day 1 **AND** Day 2 (10th & 11th May) | | | | |  | |
| Day 1 **ONLY** (10th May) | | | | |  | |
| Day 2 **ONLY** (11th May**)** | | | | |  | |
| **Refreshments and lunch are provided on both days of the conference:**  Please state below details of any specific dietary requirements or allergies (e.g. Halal, gluten free, etc.) | | | | | | | |
| **Workshop Choices – (choose ONE Workshop from BOTH parallel sessions 1 AND 2)**  **DAY 1** (Tuesday 10th May) | | | | | | | |
| **Day 1**  Parallel Session (1)    **11:30 – 12:30**  (Choose **ONE** Workshop for  11:30 – 12:30) | | |  | | | | Choose **ONE** workshop from here by putting an **X** in the box by your choice |
| Suicide Prevention | | | |  |
| Starting a business case for service improvement | | | |  |
| Resilience and well-being | | | |  |
| GMC Workshop – Personal beliefs | | | |  |
| Communications Workshop – Having challenging conversations with patients | | | |  |
| MDU Workshop – Learning from Medico-Legal Scenarios | | | |  |
| **AND Choose a workshop for Parallel Session (2)** | | | | | | | |
| **Day 1**  Parallel Session (2)  **14:00 – 15:00**  **AND**  (Choose **ONE** Workshop for  14:00 – 14:00) | | |  | | | | Choose **ONE** workshop from here by putting an **X** in the box by your choice |
| Joint Wessex, Severn and Peninsula SAS Tutors Meeting – **SAS Tutors only** | | | |  |
| Starting a business case for service improvement | | | |  |
| Resilience and well-being | | | |  |
| GMC Workshop – Equality and diversity | | | |  |
| Communications Workshop – Having challenging conversations with patients | | | |  |
| MDU Workshop – Learning from Medico-Legal Scenarios | | | |  |

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| **Workshop Choices – (choose ONE Workshop from BOTH parallel sessions 1 AND 2)**  **DAY 2** (Wednesday 11th May) | | |
| **Day 2**  Parallel Session (1)  **13:00 – 14:00**  (Choose **ONE** Workshop for  13:00 – 14:00) |  | Choose **ONE** workshop from here by putting an **X** in the box by your choice |
| Professional Support Unit Workshop |  |
| Pitfalls in decision making and strategies to overcome these |  |
| Clinical coding Worksop |  |
| The Silent Workshop |  |
| How to reflect on learning |  |
| Career Planning Workshop |  |
| **AND Choose a workshop for Parallel Session (2)** | | |
| **Day 2**  Parallel Session (2)  **14:00 – 15:00**  **AND**  (Choose **ONE** Workshop for  14:00 – 15:00) |  | **Choose ONE workshop by putting an X in the box by your choice** |
| CESR Equivalence from a Royal College perspective |  |
| Understanding stress and how it relates to risk and error |  |
| Clinical coding Workshop |  |
| The Silent Workshop |  |
| Effective time management |  |
| Effective presentations - getting your message across |  |

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| **Dinner Options - 10th May at 19:30** | | |
| **Starter** |  | **Choose ONE Starter by putting an X in the box by your choice** |
| Warm asparagus & Smoked Applewood cheese tart |  |
| Country style pate with salad garnish |  |
| **Main Course** |  | **Choose ONE Main Course by putting an X in the box by your choice** |
| Pan fried turkey escalope with shallot, mushroom and Boursin ragout & red wine gravy |  |
| Baked spinach, tomato and feta cheese strudel |  |
| **Dessert** |  | **Choose ONE Desert by putting an X in the box by your choice** |
| Black forest roulade served with Chantilly cream |  |
| Madagascan vanilla Panna cotta with red berries and shortbread |  |

**Please email your completed application to Pen.ADAdmin@southwest.hee.nhs.uk**

**Or post to: SAS Conference Administrator, HEE, Raleigh Building, Plymouth Science Park, PL6 8BY For further details please contact Sarah Roberts – 01752 676133**